

COMPLETE THE MASCOT CHALLENGE

WEEK 4 GAMES



Earn 4 points for completing Challenge A plus
2 bonus points for completing Challenge B



DIFFICULTY

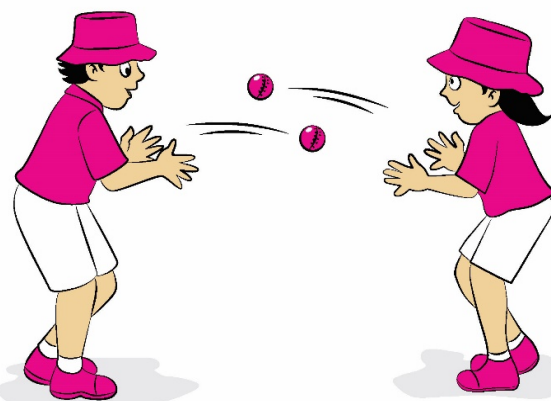


Points

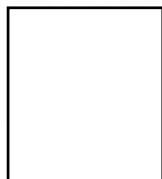
PAIRS CATCH AND RELEASE

A. In Pairs, stand with your toes touching your partner's and take 2 big steps backwards, both should have a ball. Underarm the ball to each other at the same time and catch it with 2 hands.

B. For an extra challenge, try working with your partners to say the letters of the alphabet, names of countries or even names of animals each time you take a catch rather than counting.



DIFFICULTY

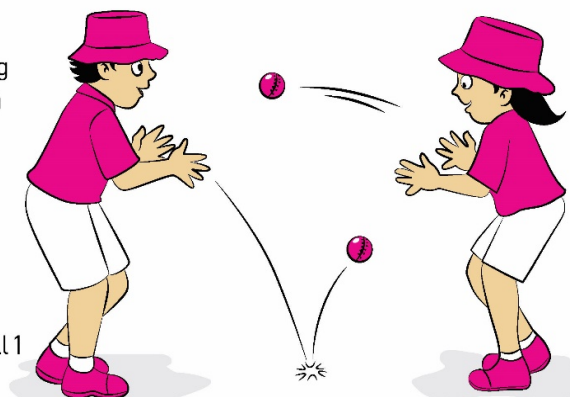


Points

PAIRS BOUNCING CATCHING

A. In Pairs, stand with your toes touching your partner's and take 2 big steps backwards, both should have a ball. One person throws the ball overarm and bounces it to their partner. One person throws an underarm catch to their partner without the ball bouncing.

B. For an extra challenge, try swapping roles each time so that ball 1 is always bouncing and ball 2 is always catching.



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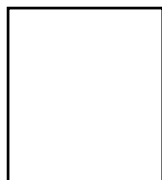
Earn 4 points for each challenge



CROSS COUNTRY KING

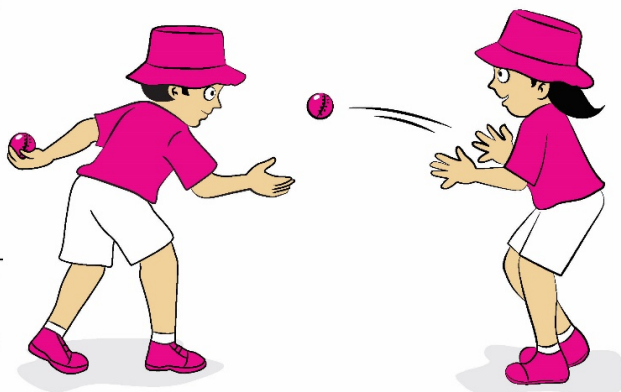


DIFFICULTY



Points

A. In Pairs, stand with your toes touching your partner's and take 2 big steps backwards, both should have a ball. Underarm the ball to each other at the same time and catch it in one hand without the ball bouncing. Ball 1 should remain on your right hand side and ball 2 on your left hand side. You will find yourself swinging your arms like a cross country skier.



GOAL GETTER

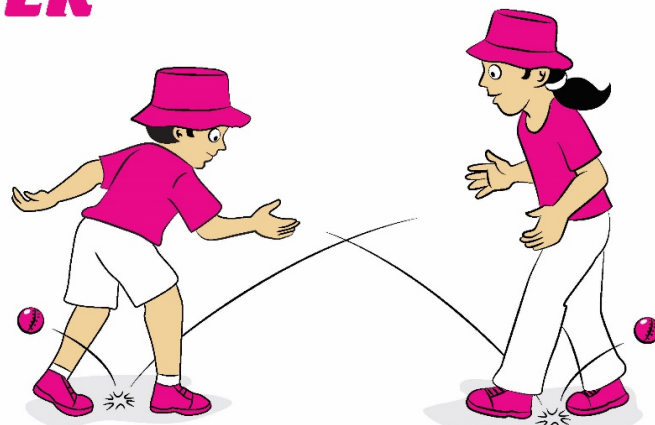


DIFFICULTY



Points

In Pairs, stand with your toes touching your partner's and take 2 big steps backwards, both should have a ball and be standing with your feet shoulder width apart. Each person tries to score a goal by under arming the ball through their partner's legs.



Points



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